

Random Act Of Kindness Day®

November 2, 2018 • #RAKDay • #MakeKindnessTheNorm • #KindnessStartsWithOne

If you'd like, use the following quotes in your social media posts or other collateral.

For more kindness quotes, visit randomactsofkindness.org or brainyquote.com

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| <p>“Be a little kinder than you have to.” —E. Bennett</p> | <p>“Kindness is love in action.” —Unknown</p> | <p>“When words are both true and kind, they can change the world.” —Buddha</p> |
| <p>“Try to be a rainbow in someone’s cloud.” —Maya Angelou</p> | <p>“Kindness in words creates confidence. Kindness in thinking creates profoundness. Kindness in giving creates love.” —Lao Tzu</p> | <p>“Forget injuries; never forget kindness.” —Confucius</p> |
| <p>“Remember there’s no such thing as a small act of kindness. Every act creates a ripple with no logical end.” —Scott Adams</p> | <p>“A single act of kindness throws out roots in all directions, and the roots spring up and make new trees.” —Amelia Earhart</p> | <p>“Be kind whenever possible. It is always possible.” —Dalai Lama</p> |
| <p>“Love and kindness are never wasted. They always make a difference.” —Helen James</p> | <p>“I feel that there is nothing more artistic than to love people.” —Vincent Van Gogh</p> | <p>“A warm smile is the universal language of kindness.” —William Arthur Ward</p> |
| <p>“When I was young, I admired clever people. Now that I am old, I admire kind people.” —Abraham Joshua Heschel</p> | <p>“Kindness is spreading sunshine into other people’s lives regardless of the weather.” —Unknown</p> | <p>“Our days are happier when we give people a piece of our heart rather than a piece of our mind.” —Unknown</p> |
| <p>“Don’t judge each day by the harvest you reap but by the seeds that you plant.” —Robert Louis Stevenson</p> | <p>“Kindness is being as good to others as you wish the rest of the world was.” —Unknown</p> | <p>“Kindness is love made visible.” —Unknown</p> |